

CHURCH PASTOR

Pastor Joed Shangala 0977841979

CHURCH ELDERS

Br Monze Himululi (Treasury and Clerks) 0977 254988

Br Elasto Kunda (Sabbath School and Int. Coordinator) 0977 340027

Br Stephen Tembo (Personal Ministries, Prayer Band) 0976 785710

Br Clifford Chifafa (Education) 0977 808701

Br Kasyonta Siamatendu (SOP and VOP) 0977491046

Br Msafiri Sinkala (Technical) 0763540565

Br Chiluba Kaite (Communications) 097 7415484

Br Kenneth Mwilwa (Family Life) 0971 528088

Br Evans Chilandani (Publishing) 0977 978650

Br Mukelabai Ngenda (PARL and Trust Services) 0977395956

Br Obino Muma (Youths: Pathfinders, Adventurers, MGs) 0977 301659

Dr Edford Sinkala (Health) 0974662483

Br Ling'aniso Hwalima (Young Adults, Ambassadors, PCM) 0978 337396

Br Cryson Miyoba (Stewardship) 0977 873353

Br Gilbert Somili (Audit) 0977761692

Br Elijah Simunhwenze (Music) 0955607452

Br Raphael Lupiya (Building and Church Dev.) 0966 259993

Br Kalunga Themba (Adventist Men's Ministry) 0977 743254

Br Matthew Mwanza (Deacons) 0979063050

Br Julius Zulu (Children Ministries) 0977 887676

Br Derrick Bwalya (Camp Meeting) 0977 543372

Br Graham Mwanauta (Women's Ministries) 0977 822950

Br Clever Ncube (Dorcas) 0977977679

Br Michael Mudenda (Possibility Ministry) 0977 687129

COMMUNICATION SECRETARY

Br Brian Hatyoka 0977 660664

CHURCH CLERK

Sr Esther Kabalanyana Banda 0975 173350

TREASURER

Sr Clara Muonga 0973628935

PERSONAL MINISTRIES

Br Felix Muyendekwa 0977872524

HEAD DEACON

Br Gades Chinyana 0977 786065

HEAD DEACONESS

Sr Emma Mazuba 0977 659822

HEAD SUPERINTENDENT

Sr Charity Tembo 0977789421

STEWARDSHIP LEADER

Br Arthur Choobe 0966443311

BUILDING CHAIRPERSON

Br Wilson Habbanti 0977124052

TECHNICAL CHAIRPERSON

Br Ignatius Mumba 0977710820

CHURCH MUSIC DIRECTOR

Sr Muzondwa Kafunya 0976217423

THE FAITH OF SEVENTH-DAY ADVENTIST CHRISTIANS

We believe the Holy Scriptures are an authoritative infallible revelation of God's will. They are the revealer of doctrine, the test of Christian experience.

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We believe God created the earth and all the life upon it. This life did not evolve over period of time. We reject evolution; believe it is less scientific and less adequate as an explanation of man's origin than the literal creationist's views.

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We accept Jesus Christ as our personal Saviour. We believe in his interceding priesthood and acknowledge that eternal life can be received only through faith in Him. We acknowledge the Sovereignty of God's law not as a means of salvation but as rule of conduct, including the observance of the Seventh-Day Sabbath.

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We believe that according to the Bible and Spirit of Prophecy, the second advent of Christ is imminent. We accept the guidance of the Holy Spirit, the third Person of the God Head. We practice the ordinance of baptism by immersion, humility, and the Communion of the Lords Supper in Christian Fellowship.

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We acknowledge the health message, according to the Holy Scriptures and Spirit of Prophecy as a Christian principle to be taught and lived, and we accept it as part of God's good news for the redemption of man.

SEVENTH-DAY ADVENTIST CHURCH



LIBALA CONGREGATION

Welcome to Today's Worship Service

**PLOT 9083,
JUNCTION OF
NATIONALIST AND CHILIMBULU
ROADS,
P.O. BOX 50493,
LUSAKA, ZAMBIA**

WOODLANDS CONFERENCE

**Email:
libalaadventistchurch@gmail.com**

FACEBOOK PAGE
Libala Seventh-day Adventist Church

YOUTUBE
LIBALA SEVENTH-DAY ADVENTIST
CHURCH

LIBALA SDA WHATSAPP PLATFORM
Call Brian Hatyoka on 0977 660664 to add you

2nd Quarter Week 10, June 6, 2026

CHURCH AT STUDY: 08:30hrs

SABBATH SCHOOL PROGRAMME

Chorister: Br. Theo Shabani

Pianist: Br. Ramsey Kangwa

Opening Song: He Leadeth Me.

Opening Prayer: Sr. Luapula Mwansa

Superintendent on Duty: Sr. Joy Chisambo

Feature: Sr. Flavia Mwape

Health Talk: Br. Charles Halukobo

Songs: Libala Church Quartet and Br. Brian Gandawa

Memory Text and Closing Prayer: Sr. Melissa Chisanga

LESSON 10: REPENTANCE AND FORGIVENESS

“If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness” (1 John 1:9)

CHURCH AT WORSHIP: 10:20hrs

MAIN SERVICE PROGRAMME

Chorister: Br. Theo Shabani

Pianist: Br. Ramsey Kangwa

Opening Song: He Leadeth Me.

Opening Prayer: Br. Muzyamba Mudukula

Tithe and Offering collection: Deacons

Special Songs: Libala Church Quartet and Bethel Quartet

Preacher: Dr. Gift Mweemba

Sermon Title: “Software”

Bible reading Luke 18:4, 5

AFTERNOON PROGRAMME

14hrs to 15hrs Departmental Activities

15hrs -17hrs **Presentation on Spiritual Emphasis**

ELDERS ON DUTY THIS SABBATH:

Elder Graham Mwanauta 0977 822950

Elder Monze Himululi 0977 254988

SUNSET TILL NEXT SABBATH:

Elder Clever Ncube 0977977679

Elder Elijah Simunhwenze 0955607452

SPIRIT OF PROPHECY QUOTATION FOR THIS WEEK

God requires that we confess our sins and humble our hearts before Him; but at the same time we should have confidence in Him as a tender Father, who will not forsake those who put their trust in Him. Many of us walk by sight and not by faith. We believe the things that are seen but do not appreciate the precious promises given us in God’s Word; and yet we cannot dishonor God more decidedly than by showing that we distrust what He says and question whether the Lord is in earnest with us or is deceiving us.” (Counsels for the Church page 47.2)

GENERAL ANNOUNCEMENTS

1. Today is **Spiritual Emphasis Day (Reach the World)**.
2. The Prayer Band has placed a Prayer Request Box in Church for those wishing to deposit their prayer requests. The Band will also have a Prayer Community Service at an Orphanage at the end of June. Members are requested to donate.
3. Church members intending to camp in August should register with the camp meeting committee for planning purposes.
4. Church members must take care of their personal belongings

UPCOMING EVENTS

1. Libala Seventh-day Adventist (SDA) Church will have a Holy Communion on June 20, 2026.
2. Libala Adventist Church will host a Building Promotion on June 27, 2026. On this same day, Libala Sabbath School Choir will be celebrating its 30th Anniversary. In this case, the Sabbath School Reunion Choir will lead out in music and contributions. Preacher: Dr. Jonnie Namwako. During the week leading to this Sabbath, there will be a week of prayer led by Pastor Evans Manjimela. Plan to attend.
3. Libala Mission district will hold its first Camp meeting as a district from August 23 -29 August, 2026. The Theme will be “Anchored in Hope”. Main Speaker: Pastor Evans Manjimela. Venue: Cross park, located about 16 kilometres (km) away from Libala Church. Members to contribute towards the camp meeting expenses as follows: Adults and Youths in Employment/ Self-employed- Minimum K500; Youths not yet employed: Minimum -K200; 15-21years -K100 and 6-14 years - K50.

CONDOLENCES TO:

1. Sr. Linda Malambo and family on the death of her father, Br. Emerson Malambo. The deceased was the grandfather to Sr. Sandra Habumbeni - Mbata and Lucy Habumbeni - Bwalya.
2. Sr. Sylvia Tuba - Themba and family on the death of her brother, Br. Michael Tuba, yesterday in Mufulira.

HEALTH CORNER (OVERWEIGHT AND OBESITY: RESTORING BALANCE IN BODY AND SPIRIT)

1 Corinthians 6:19-20

“Do you not know that your bodies are temples of the Holy Spirit...? Therefore, honour God with your bodies.”

Introduction / Reflection

In today’s world, more people are overweight than ever before. What was once uncommon has now become widespread, affecting individuals across all age groups and societies. Unfortunately, modern culture often focuses on appearance rather than health, leading many to view overweight and obesity as merely cosmetic concerns. As Christians, we are called to look beyond appearance and understand the importance of caring for our bodies as part of our stewardship before God.

Main Body / Presentation

Overweight and obesity are defined as excessive accumulation of body fat that may impair health. While a small amount of extra weight may not be harmful, continuous imbalance between calorie intake and energy use can lead to unhealthy weight gain. One of the common ways to assess this is through Body Mass Index (BMI), calculated as weight in kilograms divided by height in meters squared. A BMI of 25 or more is considered overweight, while 30 or more is classified as obesity. There are many factors that contribute to overweight and obesity. Poor dietary habits, such as consuming high-calorie, nutrient-poor foods and sugary beverages, play a significant role. A sedentary lifestyle with little physical activity further increases the risk. In addition, genetic, environmental, psychological, and socioeconomic factors can influence weight gain. For some individuals, medical conditions or life circumstances may make weight management

more challenging. Despite these challenges, positive change is always possible.

HEALTH CORNER CONTINUES

Healthy lifestyle modifications—including balanced nutrition, regular physical activity, and effective stress management—are key to preventing and managing excess weight. Small, consistent changes can lead to significant improvements over time. The Bible does not label overweight or obesity as sin, but it clearly teaches the importance of caring for our bodies. Our health reflects our stewardship and balance in life. Often, weight challenges can be linked to deeper issues such as stress, anxiety, or emotional struggles. This reminds us that true health is holistic—encompassing physical, mental, and spiritual well-being.

CLOSING THOUGHT

True health is not about appearance but about balance—honouring God through a life that is physically, mentally, and spiritually well.

OFFERTORY READING (SOZO)

Sozo is a Greek word meaning salvation; to save, to heal. It’s about holistic healing—physically, mentally, and spiritually. In the eighth chapter of the Bible’s book of Luke—written in Greek by a medical doctor—we read of a woman with a severe health problem. Through twelve years of expensive sickness, she had spent all of her money, but instead of getting better, she grew worse. So she came to Jesus seeking physical healing. In faith that Jesus had the power to heal her sickness, she reached out through a pressing crowd and touched His garment. Through a miracle, she was immediately healed physically, and she knew it. But Jesus had an even greater gift for her. He turned to her and said, “Daughter, your faith has made your whole [Sozo], go in peace.” She came for physical healing, but Jesus made her whole—physically, mentally, and spiritually. He gave her peace. Is that how you want to live, in physical, mental, and spiritual health? Do you want deep inner peace? If you do, try spending less time and energy seeking financial and lifestyle goals, and instead, seek the Sozo that only Jesus can give. It’s absolutely priceless.

APPEAL: As we now return God’s tithe and give the Promise offerings, which we are encouraged to pre-plan and set aside as a percentage of our income, let’s ask God for whole-of-life healing. Let’s invite Him to help us see the importance of focusing more on our beautiful Saviour, Jesus, and less time chasing our material and lifestyle goals. Thank you for your faithful giving today.

REMINDERS

1. All Announcements and programmes for the Sabbath MUST be submitted to the Communications Department by Wednesday or Thursday.
2. Members are encouraged to be on systematic giving by including an offering in addition to Tithe. You may also deposit your Tithes and Offerings directly into **LIBALA SDA CHURCH, ABSA BANK ZAMBIA PLC, MUTABA BRANCH, ACCOUNT NUMBER 016-1352136. FOR BUILDING THE ACCOUNT NUMBER IS 1826421 LUSAKA BUSINESS CENTRE.** Church members should send a breakdown of their tithes and offerings to the Treasurer Sr Clara Muonga 0973628935.
3. Alternatively, you may deposit your Tithe and Offerings using the Airtel Money account. Contact the Treasurer for guidance.

BANS OF MARRIAGES

1. This is the Last Reading of the bans of marriage between Dr. Elvis Mfula of Libala SDA Church and Dr. Lydia Muchindu of Chainama Adventist Church. The wedding will be conducted tomorrow, June 7, 2026, at Libala Church.